

December 2, 2016

NEWS RELEASE

Tintina Resources Announces Management Changes

Vancouver, BC – December 2, 2016 - Tintina Resources Inc. ("Tintina" or the "Company") (TSX.V:"TAU"; OTCQX: "TINTF") announces that Mr. Wylie Hui, Chief Financial Officer and Corporate Secretary, and Mr. Bob Jacko, Vice-President Operations, have resigned from the Company to pursue new career opportunities. Both Mr. Hui and Mr. Jacko have been retained as consultants as Tintina proceeds to advance the Black Butte Copper project through permitting.

John Shanahan, President and Chief Executive Officer, said: "Wylie and Bob have both been valued members of the Tintina management team from the start. Bob provided significant contributions to the technical aspects of the Black Butte Copper project including managing the preliminary economic assessment study, mine operating permit application and permitting. Wylie has led the finance, accounting, compliance and administrative functions of the Company with distinction. On behalf of the Board, I would like to thank them for their work, commitment and dedication, and wish them every success in the future."

Mr. Anthony Jackson has been appointed Chief Financial Officer of the Company, effective immediately, to fill the vacancy resulting from Mr. Hui's departure. Mr. Jackson is a Principal of Bridgemark Financial Corp., which provides corporate compliance, financial advisory and financial reporting activities to public and private companies. Mr. Jackson has extensive experience as a director and chief financial officer of numerous publicly traded corporations in the metals and mining industry.

Ms. Nancy Schlepp has been promoted to Corporate Secretary and Vice-President Communications. Ms. Schlepp has over 15 years' experience in legislative relations, public policy, and public relations and is based in White Sulphur Springs, Montana. Prior to joining Tintina in 2013, Ms. Schlepp spent 10 years at the Montana Farm Bureau Federation from 2000 to 2010 as National Affairs Director and served as Commissioner in Meagher County and President of the Montana Taxpayers Association from 2010 to 2013.

Mr. Matthew Fitzgerald has been appointed Chairman of the Board of Directors. Mr. Fitzgerald is an Australian Chartered Accountant with extensive experience in the resources industry and is currently Chief Financial Officer and Joint Company Secretary of Sandfire Resources NL. He began his career in the Assurance and Advisory division of KPMG, before joining ASX-listed Kimberley Diamond Company in 2003, where he acted as Chief Financial Officer and Director until 2008.

ABOUT TINTINA RESOURCES INC.

<u>Tintina Resources</u> Inc. is a growth company focused on the exploration, development, and mining of its 100% owned flagship property, the Black Butte Copper project in central Montana, USA. The Company is led by a highly experienced executive management team that has a successful track record of building shareholder value through exploration, corporate finance, and mine development.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

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